

# Annual Report 2024

Medical Society of DC



# MSDC LOOKS AHEAD IN '24

What will MSDC's 2024 be remembered for when future Society members look back?

Will it be the incredibly successful advocacy agenda that established the Society as a nationwide example of good public policy? Or maybe the Capital Healthcare Honors which saw the Society have its best attended and supported meeting in decades? Possibly it will be the addition of new partners like WellPrept, Resolve, and Sandy Spring Bank?

Just as likely, 2024 may be remembered as the year the Society "set the stage" for future achievement and growth. The launch of the Fast Track to Leadership Program will create the next group of DMV healthcare leaders. New membership options will allow even more physicians to join as they wish.

Regardless, 2024 was memorable. And the following pages will show why.



# MSDC VISION

## Mission

To ensure physician and patient well-being in the District of Columbia through the promotion of high-quality accessible care in a changing healthcare environment.

## Vision

To make the District of Columbia the nation's model for patient care and physician practice.

## Core Values

- Quality
- Equity
- Compassion

## Objectives and Goals

Objective 1: Become the best resource for physicians practicing in DC

- Build greater awareness of MSDC among individual physicians and physician groups
- Introduce MSDC to physicians new to the District of Columbia
- Engage medical students, residents, fellows, and early-career physicians with mentorship and support
- Engage licensed allied health professionals

Objective 2: Strengthen advocacy and outreach

- Ensure MSDC provides a home where physicians in DC belong
- Advance Diversity, Equity, Inclusion, and Belonging within medicine in DC
- Build on existing relationships that further expand MSDC's voice for physicians and patients
- Extend outreach efforts by building new partnerships with key stakeholders

Objective 3: Ensure MSDC's long-term growth

- Build member and partner value to ensure long-term commitment to MSDC
- Increase the number of engaged members
- Introduce a sound business plan that reflects MSDC's long-term strategy
- Optimize existing and explore new revenue streams



# Our Commitment to Diversity, Equity, Inclusion, and Belonging

MSDC respects, welcomes, and celebrates all people and their diverse identities. We recognize the negative impact of health inequity across all facets of society. We are committed to working toward elimination of bias and healthcare disparities wherever they exist with the goal of ensuring that everyone belongs.

Our communities will flourish when we mutually celebrate and champion our unique strengths and diverse backgrounds.



# ADVOCACY

Years of work paid off for the physician community as MSDC saw the following results in 2024.

## **Prior authorization reform is implemented**

Private insurers began compliance with DC's new prior auth reform bill in February. This spring, MSDC and the healthcare community successfully advocated for funding for the bill to apply to Medicaid and Alliance beneficiaries.

## **MSDC backed numerous public health bills**

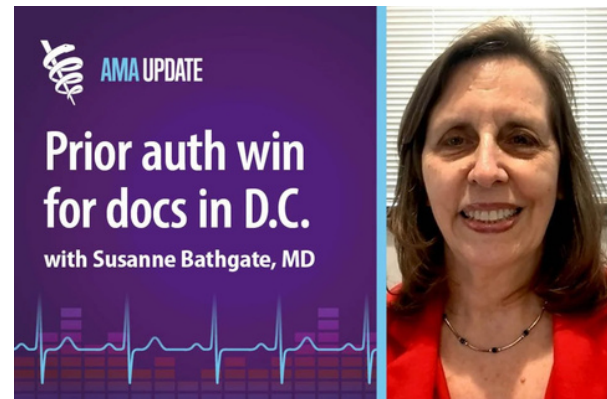
MSDC supported legislation that passed the Council includes insurance coverage for prostate cancer screenings, requiring schools to plan for seizures, and requiring schools and sport facilities to create cardiac emergency plans .

## **MSDC leads on opposing scope bill**

In the biggest legislative challenge to physicians in years, MSDC and members of the Physician Voices for Patient Safety successfully defeated a number of scope of practice expansions that would have harmed patient safety in the District.

## **Council Advocacy Event Held In-Person**

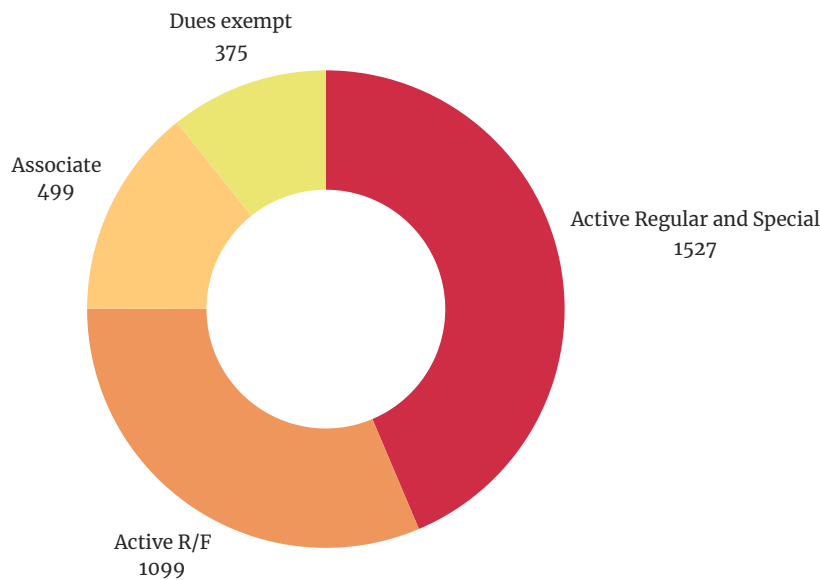
MSDC held its first in-person and online physician advocacy day at the DC Council. Participants met with multiple offices - including the Committee on Health - and successfully advocated against more CME mandates for physician license renewal.



# Membership Overview

In August 2023, MSDC announced a new tiered membership plan. The new model allows DC physicians to choose Active membership with all benefits versus Associate membership with need-to-know benefits. The goal is more flexibility on how physicians engage with MSDC.

This year MSDC launched an Associate Group option for practices looking to get their physicians engaged at a basic level in DC medicine. .



## Member Types and Dues

Here are the dues types and categories

### Active

- Regular - DC area attendings
- Special - early career and late career physicians
- Resident/Fellows - trainees

### Associate

- Regular - DC area attendings and other physicians
- Healthcare - medical students and allied health professionals
- Supporters - non-licensed healthcare personnel and interested persons



## Why am I an MSDC member?



**Kirstiaan Nevin, MD**  
OB/GYN

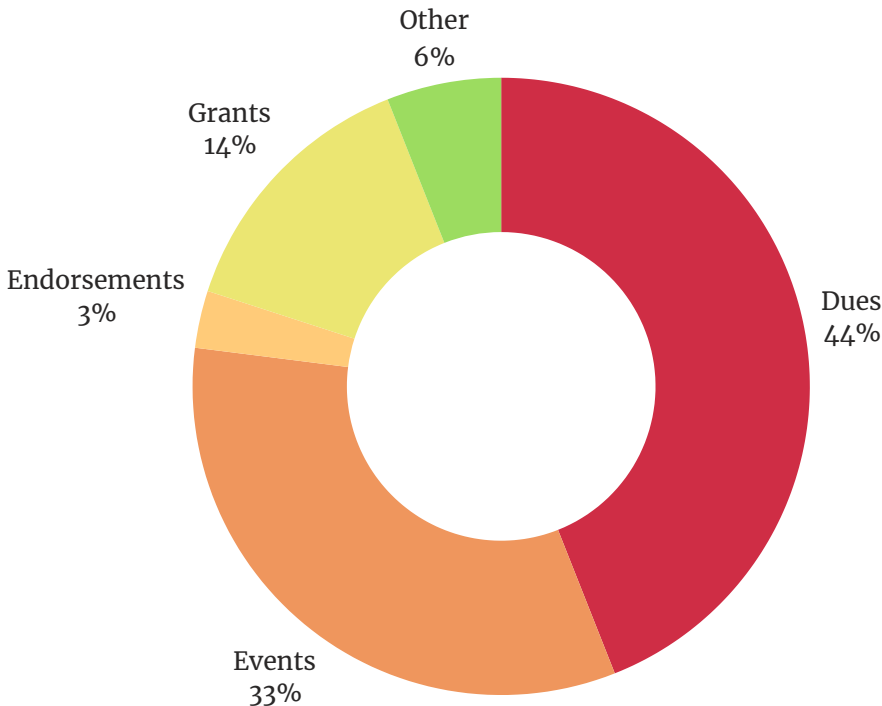
"There are so many aspects to this organization from support services and resources to advocacy and more collegiate groups like Women in Medicine."

[msdc.org/join](https://msdc.org/join)



# Financial Overview

Like many nonprofits, MSDC relies on a variety of revenue sources. This year, MSDC again saw some challenges as it continues its membership model and strategic priority realignment. Its investments continued to perform well under the guidance of Asset Strategy Consultants.



## Corporate Supporters

The following companies supported MSDC in some way in 2024:

- Amerigroup DC
- AmeriHealth DC
- Asset Strategy Consultants
- Capital Digestive Care
- CareFirst
- CaryHealth
- DACS
- Johnson & Johnson
- MedStar Family Choice
- MedStar Washington Hospital Center
- Nova Medical
- Pfizer
- Physician Committee for Responsible Medicine
- Psychiatric Institute of Washington
- Remedy
- Rx4Miracles
- Sandy Spring Bank
- UnitedHealthCare
- United Imaging



**Grants**

This year MSDC received grants from the American Medical Association Scope of Practice Partnership and AMA/CDC Healthcare Facility Infection Control education fund.

# MSDC Awards and Annual Meetings

On March 13, 2024, the Medical Society of DC held a record-setting Capital Healthcare Honors awards gala and dinner recognizing outstanding contributions to the health of our nation's capital. This year's event, which was held at the National Press Club, was record-setting in terms of attendance, honorees, and community engagement. It had the largest attendance ever for this annual awards gala, the highest number of honorees, and marked the first time that a former DC Mayor received the John Benjamin Nichols Award, which was presented to the Honorable Vincent Gray.

Other honorees were Dr. Gregoroy Argyros, Dr. Walter Faggett, Dr. Raymond K. Tu, Bread for the City, and Produce Rx by DC Greens. The night highlighted their exemplary leadership, service, and achievement benefiting health care in Washington, D.C.

Over 200 members of the DC health care community attended, including elected officials, health system executives, specialty and medical society leaders, physicians, and health care professionals.

MSDC members, guests, and DC leaders gathered at Nationals Park on Friday to celebrate the Society's annual meeting of members. The highlight of the event was the inauguration of Dock Winston, MD, as the Society's 160th president.

This is the first MSDC annual meeting held at a baseball stadium, and the venue was perfect for casual conversation and serious business discussions. This year's annual meeting also debuted the Capital Healthcare Future Forum to begin a conversation on the future of DC area care.

At the business meeting, Dr. Winston laid out a clear vision for the Society based on engagement for physicians at all stages of career. "Leadership is not just a title; it is a mindset," he said during his speech. "As physicians, we are caregivers, advocates, innovators, and educators."

The Capital Healthcare Future Forum featured an all-star lineup of healthcare experts discussing what they see coming in DC area care. Sponsored by CareFirst, the panel discussed health disparities, health tech, and continuum of care across the DC area.

Before the business meeting, attendees mixed and mingled in the Kennedy Room of Nationals Park. Surrounded by glass, food, and beverage, attendees met with colleagues and learned from sponsors.



# MSDC Expands Member Benefits

After last year’s launch of the MSDC 401k PEP, the Society added even more partners to help physician wellbeing in many different aspects.

This fall MSDC and Resolve announced a discount for members seeking to (re)negotiate their contract. Resolve helps physicians with a legal review of employment contracts plus offers compensation data for different specialties and geographic areas.

In addition, MSDC launched a partnership with physician-founded WellPrept this winter. The company provides practices with a wealth of verified information they can then provide patients in advance of an appointment. The company drives physician and patient wellbeing by helping with better conversations with patients.

MSDC members can still receive lifestyle medicine education through the MSDC portal for the American College of Lifestyle Medicine. Members who take CE through the MSDC link help fund the Healthy Physician Foundation.

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YOUR CONTRACT  
LIKE A PRO**

resolve

**CONTRACT REVIEW  
AND NEGOTIATION**

**SALARY DATA FOR  
YOUR SPECIALTY**

YOUR LOGO  
HERE + resolve

Members receive a 10% discount on any Resolve service.

“  
“I find it nice to see what is  
presented by the physician.  
Makes me more at ease to meet him.”  
—Actual WellPrept patient

**Now MSDC members get 30% OFF  
on 6 months of WellPrept Pro.**

[> Click Here](#)

MSDC

**POOLED EMPLOYER  
401K PLAN (PEP)**



**< 5%**

of physicians consider themselves “very knowledgeable” on personal finance, according to AMA Insurance

# MSDC Sections

1) Women in Medicine (WIM). Co-Chairs Dr. Ida Bergstrom and Dr. Marwah Tareen had a busy year with the section. WIM activities in 2024 included a Women Physicians Day celebration at the Square in February, a contract negotiation webinar in April, and an in-person social in June on issues impacting private practice physicians with PPPS. WIM is planning more co-branded events in 2025 with the other sections and the Fast Track to Leadership program.

2) Early Career Physicians. In 2024, ECPS helped stand up the Fast Track to Leadership Program and support the MSDC mentorship program allowing mentors and mentees to match. Dr. Parvi also came on-board as the new Resident/Fellow Co-Chair. The group held a webinar on medical ethics in April.

3) Private Practice Physicians. Dr. Nicole Singh joined Dr. Neal Barnard as the co-Chair of the PPPS for 2024. The group planned some exciting socials, including a mixer at Ris in April, a social event co-hosted with Capital Digestive Care at their new office, and a November discussion on digital brand. The section also created a new chat group open to members allowing them to ask questions of each other and their best practices.



# MSDC Board of Directors

## Executive Committee

Presidents: Dr. Ashesh Patel and Dr. Dock Winston  
Presidents-Elect: Dr. Dock Winston and Dr. Matt Lecuyer  
Secretaries: Dr. Kirstiaan Nevin  
Treasurer: Dr. Raymond Tu and Dr. Susanne Bathgate  
Chair: Dr Desiree Pineda

## At-Large Members

Dr. Ida Bergstrom  
Dr. Anthony Ibe  
Dr. Leslie Jones  
Dr. Michael Knight  
Dr. Kirstiaan Nevin  
Dr. Klint Peebles  
Dr. Desiree Pineda  
Dr. Ashlee Williams

## AMA Delegation Members

Dr. Peter Lavine  
Dr. Raymond Tu  
Dr. Neal Barnard  
Dr. Susanne Bathgate

Thank you to **Dr. EW Emanuel** and **Dr. Meghan Schott** for your Board service.

## Committee and Section Chairs

Advocacy (Dr. Klint Peebles)

Early Career Physician Section (Drs. Matthew Lecuyer and Urvashi Pandit)

Fast Track to Leadership (Dr. Nada Mallick)

Finance (Dr. Susanne Bathgate)

Gender Equity Task Force (Dr. Peebles)

Practice Managers (Judith Nicotra)

Private Practice Physician Section (Dr. Neal Barnard and Dr. Nicole Singh)

Task Force on Family Violence (Dr. Kim Bullock)

WIM Section (Drs. Ida Bergstrom and Marwah Tareen)

